



2026 COUNSELOR IN TRAINING APPLICATION

Becoming a Counselor in Training (CIT) is an experience very different in its expectations than that of a camper. It is the goal of the CIT program to create individuals that can flourish as staff members at Pine Knoll. The Counselor in Training Program is a leadership development program designed to provide hands-on learning and educational information for students entering 7th, 8th and 9th grade. Topics taught will include first aid procedures, effective discipline techniques, enhancing individual leadership styles and planning activities. The Counselors In Training assist the Counselors in various facets to provide opportunities for Counselors in Training to gain experience.

Before filling out the application please note the following items:

- Submission of an application does not indicate an acceptance into the CIT program.
- This is an application and should not be confused with a registration form.
- No payment will be taken until the formal acceptance of the applicant into the CIT program.
- The registration form is only required upon acceptance to the CIT program.
- Acceptance into the CIT programs does not guarantee employment in following Summers.
- Important dates: Application deadline of 4/10. Selections made the week of 5/5.

All accepted CITs are expected to:

- *Present themselves as role models to staff and campers and exemplify the core values of the Pine Knoll camp and East Longmeadow Recreation.*
- *Be willing to participate fully in all the camp programs and activities (including swimming), as well as, be a positive influence on the camp community.*
- *Work cooperatively with the camp staff to provide the best possible environment for you, your fellow CIT's and campers.*
- *Guarantee that they are available a minimum of four (4) weeks during camp.*

Name _____
Address _____
Town _____ State _____ Zip _____
Home # _____ Cell# _____
DOB _____ Grade Entering in Fall _____
CIT Email _____
Parent Email _____

Select the weeks that you are available: (Must have four (4) weeks in order to be considered.)

June 29 - July 3	July 6 - July 10	July 13 - July 17	July 20 - July 24
July 27 - July 31	Aug. 3 - Aug. 7	Aug. 10 - Aug. 14	Aug. 17 - Aug 20

1. Why have you chosen to apply for a counselor in training position at Pine Knoll?
2. Explain what you think the difference is between a camper and counselor in training (CIT).
3. What do you think a parent of a camper will expect from you as a CIT? How will you meet that expectation?
4. What do you think your CIT supervisor will expect from you? How will you meet that expectation?
5. What do you expect from your supervisor?
6. How does a camper feel on his/her first day of camp?

7. We have only limited positions available in the CIT program. Why are you the best candidate for the position?

8. Please list any clubs, groups, organizations, jobs, sports or activities in which you have participated:

1) _____	4) _____
2) _____	5) _____
3) _____	6) _____

9. In the above listed groups/activities did you play a leadership role in any of these positions? Please list and describe your role in each. (You may type and or attach a separate sheet if extra space is needed)

10. If accepted into the Counselor in Training program you will be asked to come up with ideas / activities for working with children in large group (20 to 30 children). What ideas do you have to contribute to this program? (You may type and or attach a separate sheet if extra space is needed)

11. If you have participated in programs at Pine Knoll or any other recreation experience? What did you enjoy the most?

12. What hobbies do you enjoy?

13. In closing, is there any other information that you would like to add that would help us make our decision?