# Pine Knoll/XTAC Health & Emergency Contact Form

\*Must be turned into the Recreation Office at 328 North Main Street, E.L., MA 01028

or emailed to pineknollcamp@eastlongmeadowma.gov (Pine Knoll) / xtac@eastlongmeadowma.gov (XTAC) prior to attendance\*

CAMPER INFORMATION:			
First and Last Name			
Nickname(s)		Circle One:	Male Female
Date of Birth		Age as of today	
Address			
City		School Attending in Fall	
State		Grade in Fall	
Zip		Home Phone	
PARENT/GUARDIAN INFORMATI	ON:		
Parent/Guardian 1 Name		Parent/Guardian 2 Name	
		- Parent/Guardian 2 Cell #	
 Parent/Guardian 1 Work #		- Parent/Guardian 2 Work #	
 Parent/Guardian 1 Address		- Parent/Guardian 2 Address	
 Parent/Guardian 1 Email		Parent/Guardian 2 Email	
EMERGENCY INFORMATION:			
Emergency Contact 1 Name		Emergency Contact 2 Name	
Emergency Contact 1 Cell #		Emergency Contact 2 Cell #	
Emergency Contact 1 Work #		Emergency Contact 2 Work #	
Physician's Name			
Physician's Phone Number			
Preferred Hospital			
HEALTH HISTORY & AUTHORIZA	TION FOR TREATMENT:	All questions must be answered.	
1. Has the camper required any o	counseling or hospitalizatio	n? Yes (Explain below)	No
2. Has the camper had any operations or serious injuries?		Yes (Explain below)	No
Does this comper			
3. Have any emotional, intellectu	al and/or physical limitatio	on? Yes (Explain below)	No
4. Have an Individualized Education Plan (IEP) that you'd share?		are? Yes (Explain below)	No
5. Have an activity encouraged or limited by a physician?		Yes (Explain below)	No
6. Have dietary modification due	e to medical or religious guid	lelines? Yes (Explain below)	No
7. Use assistive devices such as g	lasses, hearing aids, leg bra	ces, etc? Yes (Explain below)	No

8. Use an epi-pen for an allergy?	Yes (Explain below)	No
9. Other? Parent/Guardian concerns? Phobias? Allergies? Concerns?	Yes (Explain below)	No

### IMMUNIZATIONS:

I understand that a copy of my child's up to date immunization records must be provided to the Recreation Office at 328 North Main Street prior to attendance. The immunization record must be provided for each attendee and must be on the child's primary care physician's letterhead. If immunizations are not up to date, the Recreation Department reserves the right to deny attendance.

Parent Signature

Date

#### CONSENT TO TREATMENT:

This health history is complete and correct to the best of my knowledge and the CAMPER herein described has permission to engage in all prescribed activities except as noted in writing. In the event that I cannot be reached, I hereby give permission to the medical personnel selected by the East Longmeadow Health Supervisor to treat or transport my child in a medical emergency. This form can be photocopied for trips off site and distributed to medical personnel who are treating the CAMPER.

Parent Signature

Date

#### MEDICINAL NEEDS

Neither the staff at Pine Knoll, nor the Recreation Department office, are permitted to administer non-life saving medication to your child. This includes, but is not limited to, over the counter items such as Tylenol, Benadryl and Ritalin. Campers are not permitted to carry these items. If your child requires such medication, a parent is required to administer it pre/post camp or to come onsight to the camp to provide it for their child. Only life-saving medication such as epi-pens or inhalers can be carried by campers. Life-saving medications must have the campers name on them, preferably included on the prescription.

Parent Signature

Date

#### SUNSCREEN POLICY

Parents/guardians should provide sunscreen for use during the camp day. Sunscreen sent to camp should be placed in a sealed plastic bag and labeled with the child's first and last name. During the camp day, camp staff will take all reasonable and appropriate steps to help each child reapply sunscreen to exposed skin– including the face, the tops of ears, and bare shoulders, arms, legs, & feet– prior to campers' participation in outdoor programs. If, for any reason, sunscreen cannot be applied to a camper, s/he may not be able to participate in outdoor activities for his/her own protection. If parents/guardians have more than one camper attending camp, we ask each camper have their own supply of sunscreen so that it is readily accessible throughout the camp day.

I give permission to carry and use sunscreen or insect repellent at camp and to use it throughout the day.

Parent Signature

Date

Insurance Company: Physician's Name:			Policy Number:		
			Dentist's Name:		
Phone Number:		-	Phone Number:		_
Heart Murmur:	OYes	⊙No	Diabetes:	OYes	⊙No
High Blood Pressure:	OYes	ONo	Ear, Nose, Throat Trouble:	OYes	⊙No
Appendectomy:	OYes	ONo	Eye Trouble/Glasses/Contacts:	OYes	⊙No
Disease or Injury to Joints:	OYes	ONo	Chest Pain:	OYes	⊙No
Stomach Trouble/Ulcers:	OYes	ΟNo	Hernia Repair:	OYes	ΘNo
Epilepsy:	OYes	ΟNo	Back Problems:	OYes	ΘNo
Gum or Tooth Trouble:	OYes	ΟNo	Tuberculosis:	OYes	ΘNo
Hay Fever, Asthma:	OYes	ONo	Rheumatic Fever:	OYes	ΟNo
Shortness of Breath:	OYes	ONo	Bee Stings:	OYes	ΟNo
Dizziness, Fainting:	OYes	ONo	Poison Ivy:	OYes	ΟNo
Head Injury/Concussion:	OYes	⊙No	Physical Restriction:	OYes	⊙No
General Allergies:			Choice of Hospital:		

## ALL QUESTIONS PERTAIN TO PARTICIPANT(S)

To participate, we, the undersigned, do hereby agree to hold, now and in the future, The Town of East Longmeadow, their officers, agents, and employees free from any liability for any personal injury or damages incurred as a result or participation in a program sponsored by the East Longmeadow Recreation Department. In the event that my child or I need emergency medical treatment or hospitalization while at the East Longmeadow Recreation Department, I hereby give my permission for the rescue squad to be called, and for emergency medical treatment to be given by the rescue squad, or pending the arrival of the rescue squad, for emergency treatment to be provided by the

recreation staff and if deemed necessary for my child or me to be transported to the nearest hospital or hospital of choice indicated above.

Signature:

Date: